

The Gadsden News Wire

600 Valley Street • P.O. Box 286 • Gadsden, AL 35901 • Phone: (256) 547-6222 • FAX: (256) 547-9040

Student Awards



Above: Patty Wooten, Center Director congratulates Chelsey Garner for receiving the Center Director's Student of the Month Award. Right: Mr. David Romano, Academic Instructor congratulates Tarashia Goines.

Celebrating Success



On Wednesday, May 9, 2012, the center held a Students' Award Program. It was a day of honoring and celebrating our students. Congratulations to all of the students who received acknowledgement.

Students were acknowledged with certificates and incentives for their success and progress in academics, career training, and social development areas. We are so proud of our students and their accomplishment and want to encourage them in every way possible to stay focused and accomplish their goals while in the program.

Thanks to all of the staff who made the event such a program to remember. Special thanks to Mrs. Shaileen Viera, CSIO Supervisor for organizing the event.

Management Vacancies

- Atterbury** - Associate F&A Director
- Gadsden** - Dorm Supervisor
- Glenmont** - Center Director, Associate F&A Director and Safety Supervisor
- Grafton** - Career Technical Training Manager
- Joliet** - Assistant Food Service Assistant
- Little Rock** - Dorm Supervisor, Finance Manager, and Wellness Service Manager
- Treasure Island** - Property Manager
- Woodland** - Dorm Supervisor
- Woodstock** - Associate F&A Director

Career Corner



Corporate Vacancies

- Columbia, MD
- Corporate Academic Manager
- Social Development Manager (Student Management)

Gadsden Vacancies

- ACT Coordinator
- CTR Coordinator
- Driver/Maintenance
- Food Service Assistant (2.5)
- LPN (part-time)
- Recreation Coordinator (part-time)
- Residential Advisor
- Safety/Security Advisor (2)
- WBL Coordinator (2)

"Memorial Day Theme" Student Awards Program



Photos Courtesy of:
Tom Sanders,
Career Technical Training Manager

HEALS Program (Healthy Eating and Active Lifestyles)



Ways to Make Exercise a Habit

Do a variety of activities you enjoy.

And remember, there's no rule that says you have to go to a gym or buy equipment. Having a variety of activities -- weight lifting, walking, running, tennis, cycling, and aerobics classes -- will ensure that you can do *something* regardless of the weather or time of day.

Commit to another person.

"The social aspect of exercise is important for me," says Wanda Stevens, a stay-at-home mom in Austin, Texas. "I'll let myself off, but if I've agreed to walk with a friend after dinner, I won't let them down."

Make exercise a priority.

"It has to be a non-negotiable," says Roy Stevens. There's another advantage to making exercise non-negotiable.

Exercise first thing in the morning.

Experts agree that a morning schedule is best. "If you go to a gym, it should be located between your home and work," says Klein. "Exercise, take a shower, and you're energized for the day."

Safety Tip



Put Down the Phone

The National Safety Council (NSC) is calling on motorists to stop using cell phones and messaging devices while driving, and is urging governors and legislators in all 50 states and the District of Columbia to band the behavior. The NSC is taking action because they are leaders in traffic safety and it is their mission to save lives.

The NSC led the adoption of the "Click it or Ticket" seat belt-use campaign from a one-state pilot project to a 50-state proven program that continues to save lives. We believe the same kind of culture and behavior change must – and can – be achieved to stop cell phone use while driving.

Using cell phones while driving is a very high risk behavior with significant impact on crashes and society. More than 50 peer-reviewed scientific studies have identified the risks associated with cell phone use while driving.

***** It is Job Corps policy that "no Job Corps Center driver should be using a cell phone while operating a center vehicle. Should the driver need to receive or place a call, he/she should safely pull off the road, and stop the vehicle before making/receiving a call.**

Promotion



Sonya Long
New Academic Instructor

May Staff Birthdays

Promotion



Epiphany Cherry
New Career Development Manager



- May 6 Venus Horton
- May 7 Leah Ramsey
- May 9 Corey Dansby
- May 14 Rebecca Garner
- May 14 Ronald Travers
- May 16 Wesley Garmon
- May 16 Patty Wooten
- May 28 Donn McNeal
- May 29 Julia Taylor

ADAMS DATA INTEGRITY WEBSITE

Website Address
adamsintegrityhotline.com

E-mail Address
concerns@adamsintegrityhotline.com

Telephone: 888.288.1181 ext. 101
Facsimile: 888.316.8438

